BlueWave News FSCT Florida State College at Jacksonville

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Join us for the TEDxFSCJ Main **Event: Barriers**

Whether we embrace them or break them, build them up or tear them down, barriers exert a tremendous impact on us all. On Saturday, April 7, 2018, join TEDxFSCJ for our annual conference. Nine speakers will explore the many, even contradictory elements of barriers—personal and political, natural and artificial, empowering and constraining.

The event will be hosted by FSCJ Students Tina Kappel and Lacey Neikirk.

Tickets are free and the event is open to the public, but all attendees must register.

When: 1-4:30 p.m. Doors open at 1 p.m. The event begins promptly at 1:30 p.m. Please arrive early to check-in, secure your seating, explore "ideas worth spreading" and sample our Ethiopian food and refreshments.

Where: FSCJ Kent Campus, Main Auditorium, F-128

Speakers:

Jose Alvarez, "Simple encounters lead to profound moments"

Fatimah Awad, "Healing humanity"

Katie Chorbak, "Ending the vicious cycle"

Lauren Hutchison, "Agile: develop change in the world"

Gabrielle Magid, "The stigma is real"

Lourdes Norman-McKay, "The love affair with hating science"

Amy Oestreicher, "Reweaving loss into memory: our responsibility as survivors"

Brian Wiley, "Finding common ground"

Nikesha Elise Williams, "Representation matters: The conversation you've always wanted to have with a Black woman"

Register and learn more.

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Don't Forget: FSCJ's 2018 Commencement Ceremony is May 10

The 2018 Commencement Ceremony is scheduled to take place on Thursday, May 10 at 4 p.m. at the Jacksonville Veterans Memorial Arena.

Like last year, the ceremony will begin with a full processional, beginning with our students, followed by faculty/staff and platform guests in full regalia.



Faculty and staff will be seated in the arena seating off the main floor for optimal viewing.

All faculty members are asked to participate in the formal

procession leading in to the ceremony. Your involvement will require that you arrive no later than 3:15 p.m. to robe and receive ceremony directions. The ceremony will begin promptly at 4 p.m.

Please find the information below for the online registration system.

Faculty/Staff Registration: Please be sure to register your attendance at Commencement by **April 26** by filling out this brief form. Any additional questions you have can be submitted through this form.

An email with detailed information regarding the ceremony and parking passes will be emailed to all registered faculty and staff following the April 26 deadline. Please ensure your email address is entered correctly. **If you need to rent regalia, you must reserve your regalia between March 1 and March 28 at your campus bookstore.**

We look forward to a memorable ceremony to celebrate and honor our students.

Students who are eligible to participate in the ceremony must register through myFSCJ. They will receive an email to their student account with instructions when registration becomes available.

Nominations Now Open for the Celebration of Student Success

It's that time of year again to select deserving students for commendation at the "Celebration of Student Success," our annual student recognition and awards programs. You are invited to select one to three students from your respective courses, academic programs, student organizations or workplace for recognition of their excellence. Students may be selected from the Summer 2017, Fall 2017 and Spring



2018 Terms.

Students will be recognized in the following categories:

- Academic Achievement This award recognizes academic achievement in the areas of Bachelor of Science and Bachelor of Applied Science, Liberal Arts and Sciences, Associate in Science and Non-Credit Courses.
- Inspirational Achievement This award recognizes students who have demonstrated perseverance and determination to complete their courses.
- Outstanding Student Worker This award recognizes students who have gone above and beyond in their role as a student worker at FSCJ.
- Outstanding Student Leadership This award recognizes students who have been involved in co-curricular activities including, but not limited to, student organizations, Student Government Association, student ambassadors, volunteerism, Honors Program, undergraduate student research or service to academic departments.

The schedule for each campus awards ceremony is as follows:

- Kent Campus/Cecil Center Tuesday, April 3 at 6 p.m., Room D120
- Downtown Campus/Advanced Technology Center Wednesday, April 4 at 4:30 p.m., Auditorium, A1068
- North Campus/Nassau Center Thursday, April 5 at 6 p.m., Auditorium, C126
- FSCJ Online/Deerwood Center Wednesday, April 11 at 6:30 p.m., Academy Room, B1204
- South Campus Thursday, April 12 at 6 p.m., Nathan H. Wilson Center for the Arts, Lakeside Room

Nominations may be submitted by completing the online **form**. Nomination deadlines are two weeks before the date of your campus award ceremony. Please indicate which ceremony you wish for your student to be recognized. All student award recipients will receive an email to confirm their attendance. You do not have to be present for your student to receive their award.

If you have any questions, please contact Angela Thomas at angela.thomas@fscj.edu or (904) 632-5078.

Women's History Month Celebration Continues

Throughout the month of March, we've been celebrating Women's History Month. Below are the remaining events:

Don't Touch My Hair

March 28, 10 a.m.-2 p.m. North Campus, Building D Join us for a holistic look at women's hairstyles through the decades. Featuring functionality, style and grace. This event will feature an up-close look at



trending hairstyles and their inspirations through time. All hairstyles will be crafted by the College's Cosmetology students. This event is offered in partnership with the Cosmetology Department.

Women's Welding Day

March 29, 9-11 a.m. Downtown Campus, B-115E

Women are welders, too! Join us to learn the basic skills of welding. Participants must wear lowheeled, closed-toe shoes and natural fiber (cotton, linen, wool) clothing. Safety glasses will be provided. This event is offered in partnership with the School of Technology and Industry.

Closing Event - Hats Off To Women

March 30, Noon-2 p.m. Advanced Technology Center, T-140 Join us as we tip our hats to a few unsung heroines of the FSCJ and Jacksonville communities. Be sure to wear your hat!

FSCJ to Host Fifth Annual SLS Conference

FSCJ will host the fifth annual Student Life Skills (SLS) Conference next month. The week-long conference, focused on the Pursuit of Knowledge, kicks off on April 2.

Faculty, staff and students are invited to attend pre-



conference sessions on April 2-4. These 90-minute classes feature more than 20 diverse topics and provide students opportunities to learn side-by-side with FSCJ faculty. Classes will take place at various times and FSCJ locations, including

online.

The Student Conference will be held at Deerwood Center on April 5 from 8:30 a.m. to 1 p.m. Attendees will hear from dynamic presenters, share ideas with highly-motivated peers, build success skills and get information on FSCJ degree programs.

The SLS Conference will conclude with the Faculty Focus Day on April 6 at Deerwood Center from 8:30 a.m. to 3 p.m. Attendees will learn about student-centered pedagogy, social-cultural-global learning and academic success for all. Complimentary breakfast, lunch, health checks and chair massages are included. Additionally, full-day attendance at this event is valued at 4.25 hours of One-Step Eligible credits.

Watch this video for more information.

Register for all events at fscj.edu/sls.

Symplicity's CSM and Community Modules Are Now Live

Many of you may have heard the excitement surrounding the implementation of FSCJ's new software solutions from Symplicity. Symplicity provides workflow management solutions for higher education staff to simplify processes and improve the student experience. We are happy to announce that the Career Services Manager (CSM) and Community modules are now live. Both modules can be accessed in the My Life @ FSCJ tab within myFSCJ.

Highlights for students include:



- Search and apply for job postings for student employment
- Connect with leading employers and search for available job postings
- Build a resume through a digital resume builder feature



- Manage extracurricular organizations, from registration and funding requests to event organization and advertising
- Enhance a resume by allowing campus leaders to create a complete co-curricular transcript based on involvement

The remaining modules, Insight, Accommodate and Advocate, will be launching soon. Stay tuned for details for faculty and staff training.

Foundation

Join us for FSCJ Night with the Jacksonville Icemen



FSCJ and the Jacksonville Icemen invite all students, faculty, staff, alumni and friends for FSCJ Night on Friday, March 30 at 7:30 p.m. at Veterans Memorial Arena. A pre-game mixer will take place beginning at 6:30 p.m. behind Section 101.

Tickets begin at \$15. To buy tickets, visit the Jacksonville Icemen website and use promotional code FSCJ.

Also, the FSCJ Foundation will be the beneficiary of the Chuck-A-Puck fundraiser during the game, so make sure you purchase your pucks behind section 106!

Faculty Spotlight

Presidential Fellow Jeff Mans Interviews Professor Dianne Fair

Below are highlights from their discussion.

Do you care to share a little about your personal story and background leading up to coming to FSCJ?

Answer

What in particular that people don't know about you is unique that you would like to share more broadly?

Answer

Is there a particular class or professor who gave you a Eureka moment in college that made a strong impact on your outlook of the world?

Answer

If you could wave a magic wand and fix an aspect of education, what would you do? Answer

What projects are you looking forward to? What are your thoughts moving forward? Answer

What are your closing thoughts? Answer

Staff Spotlight Get to Know Your Fellow A&P Colleagues - Amy Li

The Administrative & Professional Collaborative (APC) is the representative voice for the Administrative & Professional employees of FSCJ. In an effort to build cohesiveness, awareness and collegiality, each month we put a "spotlight" on one of our members.

March's APC Spotlight shines on Amy Li, who serves



as the assistant bursar. In this role, Amy is responsible for overseeing and managing the Student Financial Services offices, implementing new projects that improve customer service experience for students and training for the Bursar's office. The Student Financial Services team strives to provide

world-class exceptional customer service to all of our students regarding student payments, financial aid payments, student billings, debt and refunds. This team also collaborates with staff Collegewide to enhance the student experience.

Prior to joining FSCJ, Amy spent nine years in higher education having served in several roles including finance manager, academic manager and Veterans Affairs manager. She holds an associate degree from FSCJ, a bachelor's degree in Management from University of Phoenix and a master's degree in Business Administration from University of Phoenix.

In her spare time, she enjoys spending time with her husband, sons Tyler (5) and Erik (3) and attending Star Wars events with family and friends.

Our spotlight shines on each campus/center at least once a year. Nominations for the spotlight may be directed to your campus representative or any officer. Learn more about APC on their website, blogs.fscj.edu/apcollaborative.

Program Spotlight FSCJ Author Series Welcomes Josh Hanagarne

On March 13, FSCJ hosted the annual Author Series Learning Community event featuring Josh Hanagarne, author of "The World's Strongest Librarian: A Book Lover's Adventures."

At first glance, Josh Hanagarne seems an improbable librarian. He stands 6'7", competes in strongman contests



and was diagnosed in high school with Tourette Syndrome. Yet, everything in Hanagarne's life – from his Mormon

upbringing to finally finding love to learning to control his tics through lifting – circles back to a close connection to books. Hanagarne's novel illuminates the mysteries of Tourette Syndrome as well as the very different worlds of strongman training and modern libraries.

Hanagarne's presentations at Kent and South Campuses explored his experiences growing up with Tourette Syndrome and how strongman training helped him to gain some control of his tics. He also spoke about perseverance and how for him it evolves every day. He left audiences with this inspiring outlook: Things can always improve and be better than they are right now.

As part of this year's Author Series, students were invited to participate in essay and visual art contests. Essay contest winners are students Leity Dorta (first place), Robin Hill (second place) and Towela Banda (third place). Visual Art contest winners are the collaborative project created by the Advanced Advertising Design, Sculpture, Design and Printmaking classes (first place), and students Lance Hunt (second place) and Angela Orth (third place). Congratulations to all!

View pictures from the author's visit.

Stay tuned for the announcement of next year's featured novel and learn more about the Author Series at fscj.edu/authorseries.

FSCJ's B.S. in Human Services Receives National Ranking

Congratulations to our Bachelor of Science in Human Services. College Choice ranked the degree number one in the nation for most affordable online human services degrees.

This ranking was determined by comparing the net cost of each program in the nation with graduation rates, retention rates and



the early salaries of graduates. View the full list.

EMS Students Take Part in Stop the Bleed Training

Recently, students from FSCJ's Emergency Medical Services (EMS) program took an active role in Stop the Bleed (STB), a nationwide campaign intended to encourage bystanders to become trained, equipped and empowered to help in an emergency before professional help arrives.

According to Tom McCrone, EMS program director, this year's class has been certified as STB Instructors by the American College of Surgeons and are conducting classes at North Campus. To date, they have helped train more than 100 individuals including medical assisting students, security officers and members of the Jacksonville



Sheriff's Office. FSCJ Security Chief Tom Mitchell, Adjunct Professor Murray Kramer, EMTP/RN and Professor Steven Sheffer, EMTP/RN are assisting students in this project.

Civilians need basic training in bleeding control principles so they are able to provide immediate, frontline aid until first responders take over care of an injured person. Without civilian intervention in these circumstances, preventable deaths will occur.

Originally motivated by the 2012 tragedy in Sandy Hook and other tragedies that have occurred in recent years, the significance of this training is critical.

"Our goal is to train other health care students on campus and conduct train-the-trainer sessions, so we can reach as many faculty and students as possible over the next year," McCrone said.

For more information, visit bleedingcontrol.org.

Student Spotlight

FSCJ Students Named to Florida College System All-Florida Academic Team

Three FSCJ students were named to the 2018 All-Florida Academic Team for their academic achievement, leadership and community service efforts.

FSCJ students Christopher Champine, Yoshina Decoteau and Regina Mohabir were selected for the team and will be recognized at an awards ceremony on April 6 in Tampa.

In total, 132 students from across the state were nominated by their respective colleges to join the All-USA Academic Team competition which is sponsored by USA Today and the Phi Theta Kappa International Honor Society.

FSCJ Student Wins at FCSAA Forensics State Tournament



Congratulations to Yjang Wynter who was named Informative Speaking Champion at the 2018 Florida College System Activities Association (FCSAA) Forensics State Tournament.

Health and Wellness FSCJ Wellness Fair 2018



FSCJ hosted the Achieve Your Optimum Lifestyle: Wellness Fair 2018 on March 2. All faculty and staff were invited to learn more about their own holistic health and identify ways to improve overall wellness.

The event featured Personal Health Assessments, vendor information booths, live

demonstrations/presentations, door prizes, free services through FSCJ's School of Health, Education and Human Services, a blood drive and more!

Below are some results from the event:

- 100 Personal Health Assessments
- 27 Manicures
- 42 Massages
- 15 registered blood donors
- 11 units of blood collected

Please complete the survey that was sent out on March 9 (whether you attended or not) to provide important feedback on how to make next year even more successful!

View the event photos.

Upcoming Health Screening Events and Wellness Seminars

FSCJ's Employee Wellness Program is offering free health screening events and seminars on a variety of topics to help you reach your health and wellness goals. Screenings and seminars are open to **all employees** and may be considered work time with supervisor's pre-approval.

Free, voluntary health screenings will provide health coaching and biometric screenings including blood pressure, glucose and cholesterol. Schedule your appointment and meet with experts to learn more on how to maximize your health benefits. The PHA will take approximately 15 minutes.

The upcoming screening events are below:

Deerwood Center Academy, Room 1206

Wednesday, March 28, 8 a.m.-noon

Kent Campus, Room D-120

Thursday, March 29, 8 a.m.-noon

North Campus, Building A, Room 236

Tuesday, April 3, 8 a.m.-noon

South Campus, Nathan H. Wilson Center for the Arts, Lakeside Room

Wednesday, April 4, 8 a.m.-noon

The next seminar opportunities are below:

Food and Cancer Prevention: Is There a Link?

Wednesday, April 11, noon-1 p.m. Deerwood Center, Room A-1108

There isn't a single food or food component that can protect you from cancer by itself. But there is strong evidence that a diet filled with a variety of plant foods like vegetables, fruits, whole grains and beans can lower the risk for many cancers. This presentation will discuss the nutrition guidelines for cancer prevention to help reduce your cancer risk with your food choices. To reserve your spot, click here.

Boost: Transform Your Workday

Wednesday, May 9, noon-1 p.m. North Campus, Room A-236

Most of us spend more time recharging our phones than recharging ourselves. We are working harder and longer but refueling our brains, bodies and spirit less and less. This presentation will outline an energy management solution, based on intentional work breaks, to transform the way you work and boost your energy levels all day long. To reserve your spot, click here.

Master Your Motivation: Seven Strategies for Staying Inspired

Wednesday, June 13, noon-1 p.m. Kent Campus, Room C-100A

If you've attempted to lose weight, eat better, exercise regularly, manage stress or make other health improvements in the past, you may have experienced setbacks or been frustrated due to lack of motivation. This presentation will help you define your powerful motivators for change and leave you with seven practical strategies to help you reach your personal health goals. To reserve your spot, click here.

For more information, contact hrtraining@fscj.edu.

BlueWave Athletics FSCJ BlueWave Women's Cross Country Team Recognized for Academic Achievement

FSCJ BlueWave Women's Cross Country Team was recognized by the National Junior College Cross Country Coaches' Association as second in the nation for the 2017 Women's Cross Country Academic All-Scholar Team. The team was added back into FSCJ's athletic offerings during the summer of 2017.



The rankings are determined the same way cross country

meets are scored. The top five runners with the highest Fall Term compilation gave FSCJ a score of 3.916. Four of the five FSCJ GPAs selected were from student athletes who had earned a 4.0 during the term.

Additionally, the following members of the 2017 FSCJ BlueWave Women's Cross Country Team received Scholar All-America awards: Gabriella Garcia (Bishop Kenny High School), Haley Grayson (Bishop Kenny High School), Nicole Maza (Mill Creek High School, Hoschton, GA), Lynn John (FSCJ Adult High School), Kari Raae (Mandeville High School, Mandeville, LA) and Mary White (Bishop Kenny High School).

"The athletic and academic achievements this team has accumulated, both individually and collectively, is quite remarkable, especially in our first season to compete as a team," said Coach Jody Hale. "I am incredibly proud of all they have accomplished and look forward to their continued growth."

Faculty and Staff Achievements

FSCJ faculty and staff are leaders, not only within the College, but outside the College as well. We are proud to recognize and honor their achievements and successes.

Professor Dustin Harewood's recent show, Sum + Substance, was featured on River City Live. Watch the full interview.





Project Coordinator Alicia Jones was recently sworn in as a U.S. citizen. She has worked at FSCJ for the past 13 years and was supported by many co-workers and friends. Originally from Scotland, UK, Alicia moved to the U.S in 1995, where she graduated from Orange Park Christian Academy and FSCJ.



"Social Media and Crisis Communications: A Survey of Local Governments in Florida," an article written by Dr. Matthew Collins along with Dr. Neely from the University of South Florida, was published in the peer-reviewed academic journal, *Journal of Homeland Security and Emergency Management*. Read the article.

Comings and Goings

The following list includes FSCJ employees who have left, or are preparing to leave, their positions with the College. We wish them the best of luck in their future endeavors!

Employee	Title
Patrick Bertram	Library Manager
Lena Gilbert	Training & Development Specialist
Guy Hastings	Security Officer II
Katie Jackson	Integrated Communications Specialist
Yvonne James	Prog Fac III

Helena Jenkins	Student Records Analyst I
Marilyn Merrill	Purchasing Agent III
Cody Mulkey	Plant Service Worker
Morton Perry	Student Records Specialist
Eknarin Rassouphengthong VA Enroll Services Processor	
Richard Shierling	Lead Integrated Sys Spec

In the News

FSCJ's faculty, staff, students, programs and leadership are often highlighted by local and regional media outlets - online, on air and in print. Read all of the recent articles regarding important activities happening within the College.

FSCJ involves downtown campus students in active shooter drill Published on news4jax.com on March 13, 2018. Learn more »

UNF, FSCJ working together to help students earn degrees Published on jaxdailyrecord.com on March 7, 2018. Learn more »

Kevin Hyde has a plan as interim president of FSCJ Published on jaxdailyrecord.com on March 6, 2018. Learn more »

Want to Attend FSCJ for Free? Info Sessions This Week, Next Explain How

Published on wjct.org on March 6, 2018. Learn more »

Majigeen

Published on arbus.com on February 28, 2018. Learn more »

Leaders of UNF, FSCJ and Edward Waters share insights at JAXUSA Partnership Luncheon Published on jaxdailyrecord.com on February 28, 2018. Learn more »

Presidents of Jacksonville's centers of high education speak at JAX Chamber/JAXUSA Monday event

Published on jacksonville.com on February 22, 2018. Learn more »

Arts Notes: DANCEWORKS SPRING DANCE CONCERT Published on jacksonville.com on February 22, 2018. Learn more » Attorney and former council member to guide the college after Cynthia Bioteau retires in May

Published on jaxdailyrecord.com on February 22, 2018. Learn more »

2018 Give Kids a Smile: Free Dental Services for Kids

Published on news4jax.com on February 16, 2018. Learn more »

Upcoming Events

To view all upcoming events, visit the Collegewide calendar of events.



NEUROANATOMIC ACUPUNCTURE IN THE 21ST CENTURY: GETTING THE POINT!

Thursday, March 29, 2018 | 8-10:30 a.m. FSCJ Nathan H. Wilson Center for the Arts











Did you know that The Winston Room, a private dining area at the new 20West Cafe, was designed by FSCJ's interior design students from Theresa Menotte's Residential and Commercial Design (IND 2224) class?

FSCJ In Action



For the February 16 Service Learning Friday, a group of Adult Education students and faculty volunteered at the Clara White Mission. They served breakfast and toured the onsite museum exhibiting the charitable work of Clara White. Based on the feedback, this was a rewarding experience for all who participated.



FSCJ's flag football team competed in the YMCA First Coast Games tournament and even made it to the playoffs. However, they came up only one game short of making it to the championship. All in all, it was a successful season and the team looks forward to next year!



FSCJ Student Engagement participated in the 9th annual Stand Up and Stride Hubbard House Domestic Violence Awareness Walk/Run earlier this month.

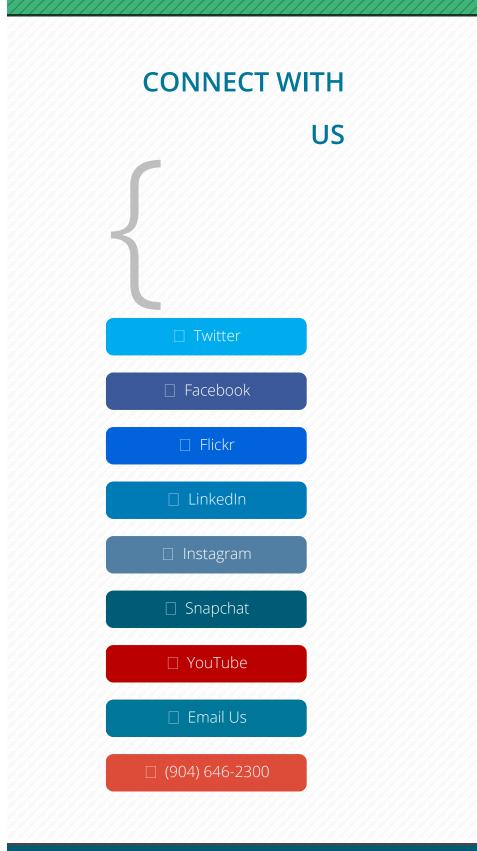
BlueWave News Quiz

Test your knowledge. To ensure all faculty and staff have an opportunity to submit answers, the quiz winners will be selected at random from all entries that have answered all questions correctly. You have until 6 p.m. on the day the newsletter is distributed to email your answers to **bluewavenews@fscj.edu**. The three winners will receive a BlueWave

promo pack!

Please note: Previous quiz promo prize pack winners, while eligible to submit answers, are not eligible for additional prizes for six months.

- 1. What is the deadline for Commencement regalia rental?
 - a. May 9
 - b. March 28
 - c. March 26
 - d. April 28
- 2. What is the focus of this year's SLS Conference?
 - a. Pursuit of Success
 - b. Pursuit of Excellence
 - c. Pursuit of Knowledge
 - d. Pursue Knowledge
- 3. How much are discounted tickets to the Jacksonville Icemen game?
 - a. \$15
 - b. \$5
 - с. \$10
 - d. \$12
- 4. When is the next health seminar opportunity?
 - a. April 11
 - b. March 28
 - c. April 28
 - d. None of the above
- 5. What is the name of the dining area interior design students recently helped to design?
 - a. 20West Cafe
 - b. Cafe Frisch
 - c. The Mallard Room
 - d. The Winston Room



RESOURCES

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